OAKS AND ACORNS IN HARMONY

A holistic family empowerment service

THE FIRST 3 YEARS
MAY 2018 – MAY 2021

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www.instagram.com/o_ainharmony/
07474899611

Company Registration Number: 12981554

Oaks and Acorns In Harmony C.I.C

Oaks and Acorns In Harmony is a holistic family empowerment service for families of African Descent. We provide family learning sessions, opportunities for creative projects, we engage parents and their children and young people in educational and recreational activities.

Our vision is to encourage and support individual talents of our younger generation by sharing the skills and knowledge of our elders. We provide a balanced, semi - structured and targeted focus on creativity inspired by our Ancestors, developing strong community involvement to motivate and encourage dreams and build self esteem and confidence.

Oaks and Acorns In Harmony aims to create a safe and stimulating environment to encourage educational attainment and personal development.

We work with parents, families, children and established organisations for the purpose of enriching the lives of our community and positively connecting the generations. As a community we hold a wide range of skills and talents. It is our duty to share.

**Looking back to 2018, we began as an Acorn.
We created connections with other families and organisations.
We were consistent with our efforts and we soon became like a sturdy Oak Tree.
We follow the principles of Kwanzaa and remain ever grounded and committed to seek knowledge and learn more.**

Nguzo Saba - The Seven Priniples
Umoja - Unity **To strive for and maintain unity in the family, community, nation, and race.**
Kujichagulia - Self-Determination
Ujima - Collective Work and Responsibility
Ujamaa - Cooperative Economics
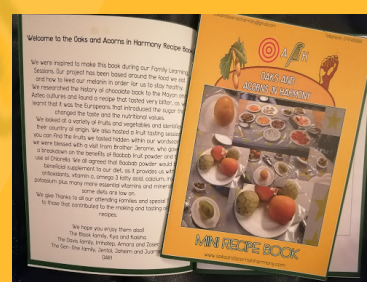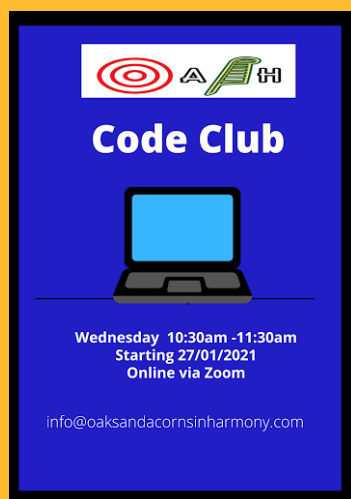*Nia - Purpose*
Kuumba - Creativity
Imani - Faith

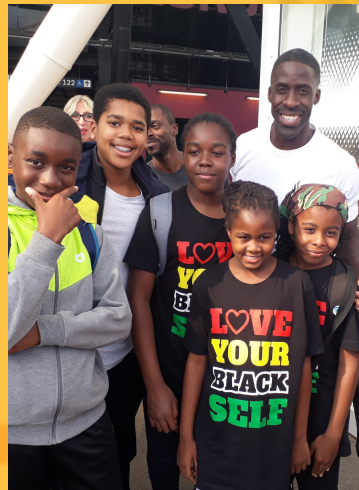# A Little of what we cover in our project work and workshops......

Creative Arts & Crafts
World History
Financial Literacy
Business Skills
Team Building
Fitness Development
Swimming
BMXing
Civil Rights
Debates & Discussions
Politics
Film Making
Script Writing
App Development
Coding
Leadership Skills
Visits To.....Art Galleries & Exhibitions
Museums
Royal Albert Hall
and many London Parks & Woods
Weekend residential to Macaroni Woods

Oaks and Acorns in Harmony C.I.C
Family Learning Sessions
Every Monday during term time
10am - 3pm

Call Sarah on 07474899611
To confirm your attendance / further information

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Oaks and Acorns in Harmony
W.A.E.T
WE ALL EAT TOGETHER
We have received a donation of food items that we are redistributing to our local community

Please text me your name and address & we will arrange delivery of your food parcel.
Please state if you require a vegan or meat parcel.

Code Club
Wednesday 10:30am -11:30am
Starting 27/01/2021
Online via Zoom
info@oaksandacornsinharmony.com

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The Year 2020 and beyond...
The past year was very uncertain for alot of us, however we did not let the global conditions hinder us.....
February 2020 we hosted a week of Half term activities that included a trip to the British Museum.
July 2020, we hosted the Hebe Foundation's Flagship Junior Apprentice Project - Team Lewisham. Our film won the finale for our category.
August 2020, we partnered with Ubuntu to deliver a 2 week Summer Enrichment Project.
October 2020, we registered as a Community Interest Company and moved into our current venue for our Family Learning Sessions.
November, we partnered with Food Share Go and Nancy's Community Meals and began redistributing cooked meals, fruit, veg and bakery items to our members and wider community.
January 2021, we took our Family Learning Sessions online and joined the Zoom revolution, we also started our Code Club.
February 2021 saw the start of our Park meets.
April 2021 we partnered with Tesco Community Cookery School and are in the process of delivering a series of healthy cooking workshops.

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Stephen Lawrence Day was remembered in April 2021 and we appeared in a short film dedicated to his Life and Legacy.

Mid-May we will resume our Family Learning Sessions in person where we will continue working on our current history project.

We send our Love and Appreciation to all our members, supporters, encouragers, advisors and contributors, as we recognise we could not BE without you!!!

Please check out our App and You Tube links
https://play.google.com/store/apps/developer?id=The+App+Making+Group&hl=en
https://www.youtube.com/channel/UChMxNCoopb9BoIs6EhvYAbA/videos